EDUC 216: THRIVING ON THE PATH TO HAPPINESS

WED 2:30-5:20 PM, w/ FRI 1hr Lab
5 CREDITS (Prereq - 215)

You will learn skills to help you:
• Enhance your personal and professional relationships
• Increase your opportunities for successful careers
• Cultivate a growth mindset
• Build skills to continuously perform at a high level in personal and professional endeavors